

European Trip Packing List

Here is our suggested packing list for tours to Europe.

There will be some differences depending on the time of year, the exact destination, the length of the tour and the purpose of the trip (i.e. there may be the need for some specific item due to a particular activity). However, this list is a great starting point for general items that we find most people need.

Remember that, most of the time, travelers in a group will need to be able to lift and carry their own luggage, and will usually be restricted to one medium suitcase and a carry on bag (e.g. backpack or purse/handbag/small daypack).

Finally, anyone traveling in groups to tourist destinations anywhere in the world needs to be aware of personal security, so it's usually a good idea to leave expensive jewelry, large amounts of cash and valuable technology at home or, at the very least, in a hotel safe when out and about.

Most Important

- Small amount of local currency for immediate needs on arrival
- Credit cards/stored money card
- Documents (passport, id-card)
- Pouch/money belt or secure bag to carry these in
- Photocopies of important documents (to keep in another part of your luggage) and scan/save copies to Dropbox etc before departure
- List of emergency numbers (e.g. insurance, bank etc)
- Small packet of tissues – you never know when you might need them!

Clothing

- Lightweight, hooded waterproof breathable jacket
- Warmer jacket or coat (carry-on)
- Sweater/cardigan/fleece jacket
- Several tops that can layer together
- Pair of jeans and another couple of pairs of pants or shorts
- One skirt or dress for women
- One nice/smart outfit (if required)
- Sleepwear
- Socks and underwear
- Swimsuit
- Two pairs of comfortable walking shoes

Accessories

- Sleep mask, travel pillow
- Sunglasses
- Scarf/tie
- Hat
- Belt
- Umbrella



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- Plastic carrier/waterproof/Ziplock bags for storing dirty/wet clothes, liquids etc
- Travel alarm

Electronics

- Phone + headphones
- Plug adapter – there are different power socket styles in the UK/Ireland, and the rest of Europe
- Chargers!
- Extra battery/portable travel charger
- Laptop/tablet/e-reader
- Camera and plenty of SD card storage
- Mobile phone international calling plan

Toiletry Kit (one that hangs up is a good idea)

- Shampoo/body wash
- Toothbrush + toothpaste
- Shaving items
- Deodorant/perfume
- Contact lenses solution glasses
- Makeup/feminine hygiene products
- Wet wipes
- Sunscreen and lip balm
- Insect repellent
- Travel hairdryer (suitable for European voltages - 240v)

Small Medicine Bag

- Any prescription medicines
- Aspirin/painkillers
- Upset stomach pills
- Band-aids
- Motion sickness medicine
- Small pair of scissors (not in hand luggage!)

Optional

- Water bottle
- A good book
- Guide book
- Notepad and pen

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